This two-day workshop on the Introduction to Narrative Approaches is designed for counsellors, front-line workers, helping professionals and community leaders working within Indigenous organizations and communities who are interested in learning more about Narrative Practices. We will also explore applications to working with addictions and specifically problem gambling. This workshop is designed to take participants on a journey that will introduce them to the skills and practices of Narrative therapy and help them consider how these practices might be relevant in their work supporting people. We will look at effective ways of responding to and separating from the problem stories in people's lives and helping them reconnect with their own skills, knowledge and hopes. Participants will also be invited to explore connections with traditional values and teachings.

Alfonso Díaz has been involved in Narrative Practices since 2003. He studied directly with Michael White, one of the founders of Narrative Therapy and Community Work. Alfonso is the founder of Colectivo de Prácticas Narrativas in Mexico. He developed and has led the International Diploma in Narrative Practice for over 7 years. He also designed a Masters in Narrative Practice in Community Work and Education in Northern Sierra, Puebla in collaboration with an Indigenous University; Universidad Campesina Indígena. Alfonso has collaborated with Indigenous communities in Mexico on various narrative community projects to generate alternatives to poverty, respond to violence, promote autonomy, as well as document community knowledge. He offers individual, couple and family therapy in Mexico City. In addition his work in Mexico, Alfonso has been invited to teach in Canada, the United States of America, Chile, Sweden, Spain and Australia.

Angela Voght is Interior Salish from the Nlaka’pamux Nation. She has worked as a counsellor for 20 years, specializing in Narrative Therapy since 2003. Angela studied Narrative practices in Australia with Michael White and has been working with and learning from Aboriginal colleagues in Australia as well. Angela has been involved in leading Narrative community projects and teaching Narrative practices in Indigenous communities and organizations in British Columbia for the past seven years.

Angela is the Provincial Indigenous Coordinator for the BC Responsible and Problem Gambling Program. A key theme in the Indigenous program has been about “maintaining balance” with an emphasis on taking a holistic approach to health and wellness. She and her team are committed to learning from and collaborating with Indigenous communities across the province. Through this work, Angela continues to live out her commitment to the principles of Narrative therapy, believing that people and communities are the experts of their own lives with all the skills and knowledge to navigate challenges and opportunities they’re faced with.

Vancouver Training Session
Registration Form

Name
Address
City
Postal code

Organization

Email

Phone: Business hours:
After hours/mobile:

Workshop Cost:
Free for Indigenous organizations and communities. Limited seats available so you must pre-register for the workshop.

____________________________________

Please return this completed registration form to:
mercediese.dawson@gov.bc.ca | Fax: 250.356.8149 | Telephone: 250.507.7861

____________________________________

QUESTIONS?
Please contact:
Mercediese Dawson – 250.507.7861 | mercediese.dawson@gov.bc.ca or
Angela Voght – 604.657.8604 | angelavoght@gmail.com

INDIGENOUS CERTIFICATION BOARD OF CANADA
This two-day workshop has been approved as an ICBOC-Accredited training for 13 hours.